

Luxury Raspberry Fool

For luxury raspberry fool to feed 6 you will need:

2 limes
2 x 450g fresh raspberries
200g caster sugar
600ml double cream
600ml greek-style yoghurt
6 rich tea thin biscuits
1 grater
2 white bowls
1 fork
1 large dixie
1 small measuring jug
1 large measuring jug
1 whisk
1 large metal spoon



1. Finely grate the rind from the lime and squeeze the juice into the small measuring jug.
2. Put the raspberries into a white bowl, reserving 12 for decoration.
3. Use the fork to mash the raspberries into a chunky puree. Add the lime juice and rind.
4. Pour the raspberry mixture into the dixie and stir in the sugar. Mix until ingredients are thoroughly combined.
5. Heat gently for 5 minutes, or until the sugar dissolves and the mixture becomes syrupy. Remove from the heat and leave to cool.
6. Carefully whisk the cream in a white bowl until soft peaks form. Stir in the greek yoghurt and mix together.
7. Using a metal spoon, fold in the cold raspberry mixture and spoon into 6 bowls.
8. Decorate with the reserved raspberries and a dessert biscuit.